



Week of February 7, 2022

Peeler Post

Happy Monday!

There is some big, exciting, and important news just shared via email from our board and myself! Please make sure to read it ASAP and email the board should you have any questions.

And a shoutout to Ms. Mitchell!
For being a mighty school counseling
department of one!
For making us laugh!
For keeping our secrets!
For your work to make sure that we
ALL feel emotionally safe!



This Week's Birthday

Lidia Ortega

2/10



Positive Thought

"Keep your feet on the ground, but let your heart soar as high as it will. Refuse to be average..."

Arthur Helps, British Historian

Important Dates

January 31-March 4	Access Testing
February 7-11	School Counselor Appreciation Week
February 7th	Grades for the first 4.5 weeks of the 2nd Semester's Progress Reports are due
February 8th	Wear college and career gear!
February 10th	Lunch with Lewis
February 14-18	Kindness Awareness Week
February 17th	Parent University ELA Night from 5:30-6:30pm
February 21-25	Midwinter Break (School Closed)



Week of February 7, 2022

Announcements

The following information should run in the parent newsletters for the month of February.

IAS is now offering Covid testing for Scholars and staff. The testing program for Scholars is optional and will take place every Monday and Thursday beginning **Monday, February 7, 2022**.

Here is the school's registration link which allows you to register your Scholar(s) and consent to testing as well as opt into text message and/or email notifications when their results are ready: <https://schools.coquihealth.com/registration/55c37c6c-a7b5-4ac9-9296-974a6a75f591>

Only Scholars who are registered will be tested. Parents do not have to be present for the test. Generally, we will administer rapid testing followed by a PCR test if results are positive. Scholars who have a positive result will enter the Covid protocol until we receive PCR results.

Attached you will find a FAQ and the collection method. If you have questions or need assistance completing the registration form, email student.support@iasmyrna.org.

[Instructions for Anterior Nares Sample Collection](#)

[MAKO Covid-19 FAQs](#)

Thanks,

Zinta Perkins

IAS Flight 15
Reflect.Reset.Rise



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Announcements

Teacher Discounts!

Many retailers are using Id.me to verify educator status for discounts. Educators can go directly to [this site](#) to verify educator status and access all of the educator discounts at retailers.

Birdies is offering an [educator discount of 20%](#). (Note: these shoes are pricey, but I've heard that many teachers love them.)

Michaels offers a [15% discount to educators](#). This is a great one and stacks on top of other coupons!

Joann Fabrics also offers a [great 15% discount to educators](#).

Barnes & Noble offers a [20% discount to educators](#). It is supposed to go only towards classroom materials, but most B&N employees will offer the discount to anything you purchase.

Calm, a meditation and mindfulness app, offers a [free program for teachers](#).

Ann Taylor LOFT, a teacher favorite, offers [15% off for educators](#).

- From State Charter School Foundation's Newsletter



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Announcements

Next Week is...

Kindness Awareness Week

February 14th -18th

Make Kindness the Norm

Monday February 14 th	Tuesday February 15 th	Wednesday February 16 th	Thursday February 17 th	Friday February 18 th
<p>Spread KINDNESS: Wear Red, White, or <u>Pink</u> shirt with uniform bottom (<u>no jeans</u>)</p> 	<p>It's Your Job to be KIND: Dress for your dream career or IAS uniform (no jeans)</p> 	<p>In KINDNESS there is UNITY: Orange out Wednesday Wear Orange Shirt, Sock, Shoes with uniform bottom (no jeans)</p> 	<p>Hip Hop into Literacy: Dress as a 90's hip hop artist (jeans allowed) <i>Join Literacy Night at 5:30 pm</i></p> 	<p>Shine Bright with Kindness: Wear neon or sparkle shirt with uniform bottom (no jeans)</p> 

The purpose of Kindness Awareness week is to focus on the positivity that surrounds us every day. It is a week to learn, teach, and share our kindness with others. At the International Academy of Smyrna, we encourage scholars to celebrate and embrace acceptance, understanding, and inclusion with daily acts of kindness. IAS Counseling Department-sponsored event encourages scholars to be involved in each day's theme.

*** Scholars are expected to wear their school uniform with each day's theme. ***

IAS Flight 15

Reflect.Reset.Rise



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**BETTER
TOGETHER**



Moments with Mitchell

Growing through Guidance
February Edition

National School Counseling Week **The 2022 theme is School Counseling: Better Together.**

National School Counseling Week 2022 (#NSCW22) is to focus public attention on the unique contribution of school counselors within U.S. school systems. National School Counseling Week, sponsored by ASCA, highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career.

Kindness Awareness

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UPCOMING REMINDER/DATES:

February 7-11: National School Counselor Week

February 9: Jr. National Beta Club After School Meeting
from 3:30–4:30pm

February 14-18: Kindness Awareness & Themed Spirit Week